

SANTEE SENIORS 55+ SPRING NEWSLETTER



Staying apart brings us together...

Protect your family, friends and neighbors

DRIVE-IN BINGO

Thursday, February 25 Thursday, March 25 Thursday, April 29

10:00-11:30am

Parking Lot @ Town Center Community Park East- 550 Park Center Drive

Drive-in Bingo is played from the comfort and safety of your car. We have taken enhanced health and safety measures for you and our employees to keep everyone safe. It will be held in the parking lot at Town Center Community Park East. There will be prizes to be had, you will not want to miss it! Mark your calendars with the three upcoming dates.

Bingo is free, but registration is required. Please

*Bingo is free, but pre-registration is required.
Please call 619-258-4100 x222 or email
CSDFrontDesk@cityofsanteeca.gov to register.

call 619-258-4100

Bring a clipboard or hard surface to mark your Bingo cards on. Bathrooms are located in the park, but they are about ¼ mile walking distance away so please plan accordingly.





Fitness Walks at Mast Park

Tuesdays at 9:00am on 3/9, 3/23, 4/6 & 4/20

We will be following social distancing guidelines and wearing masks as we stroll through our beautiful new Mast Park. It is a chance to safely see your friends and get some fresh air and exercise. All walking levels are welcome, the area we walk is pretty flat and easy to navigate. No senior left behind!

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CITY OF SANTEE COMMUNITY SERVICES 619-258-4100 x222

STAY UP TO DATE ON EVERYTHING RELATED TO COVID-19:

www.COVID19.ca.gov

www.cdc.gov

www.sandiegocounty.gov

www.211SanDiego.gov

Not sure where to turn?



COMMUNITY RESOURCES

ElderHelp (619) 284-9281

Serving Seniors (619) 235-6572

Social & Spiritual Support (Salvation Army) (619) 231-6000

Friendship Line (888) 670-1360

Aging Services (800) 339-4661

Alzheimer's Association (858) 492-4400

Senior Mental Health (800) 510-2020

COVID-19 Vaccination Information Guide

All persons 65 and older, within San Diego County, are eligible to receive the COVID-19 vaccine. You must first contact your primary medical provider to request vaccination. If you are unable to receive your vaccine through your doctor, you may use one of the San Diego County or California State vaccine distribution sites.

An appointment is required and space is limited. There are three ways to schedule an appointment:

- 1. SD Vaccination Website Vaccine appointments may be made online through the San Diego County COVID-19 website. If you or someone you know has internet access, visit VaccinationSuperstationSD.com
- 2. Call 211 Only those who are 75 years and older may schedule a vaccine appointment over the phone. Call 211 and follow the prompts to be directed to a County representative who can assist you.
- 3. California State Vaccination Site The California Department of Health is currently prioritizing vaccine distribution to healthcare workers and those 65 and older. Visit MyTurn.CA.gov to determine if you are eligible and to schedule an appointment.

Need Assistance?

The City of Santee is here to help you navigate the vaccination appointment process. Call the City of Santee's vaccination information voicemail:

(619) 258-4100 ext. 122

You will be instructed to leave your name and contact number and someone will return your call within 24 hours

Email the City of Santee at: vaccineinfo@cityofsanteeca.gov and list your questions and someone will respond within 24 hours

FOOD PROGRAMS

COUNTY OF SAN DIEGO GREAT PLATES PROGRAM-(800) 339-4661, THEN PRESS 7

MEALS-ON-WHEELS EAST COUNTY SERVICE CENTER- (619) 447-8782